

# 2020 FALL/WINTER MENU: Week 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast with CHICKEN SAUSAGE (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast with BACON (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast with HASHBROWNS (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast with BREAKFAST SAUSAGE (Eggs to Order, Orange Slices and Toast)</p>
<p><b>Lunch</b> Campbell's Tomato</p> <p>Pancakes with Fruit <b>OR</b> Stewed Tomatoes with Poached Eggs, Toast &amp; Fruit</p> <p>Butter Tarts</p>	<p><b>Lunch</b> Cream of Mushroom</p> <p>Italian Sausage with Sautéed Peppers &amp; Onions on a Bun with Chips <b>OR</b> Winter Fruit Cold Plate</p> <p>Vanilla Pudding</p>	<p><b>Lunch</b> Beef Noodle</p> <p>Chicken Pot Pie with Side Salad <b>OR</b> Veggie Burger with Salad</p> <p>Fruit Salad</p>	<p><b>Lunch</b> Potato Bacon</p> <p>Roast Beef &amp; Giardiniera Aioli Sandwich with Side Salad <b>OR</b> Butternut Squash Ravioli with White Wine Sauce &amp; Salad</p> <p>Jello</p>	<p><b>Lunch</b> Vegetable Soup</p> <p>Antipasto Sandwich with Salad <b>OR</b> Tuna Cold Plate</p> <p>Assorted Dessert</p>	<p><b>Lunch</b> Chicken Tortilla Soup</p> <p>Reuben Sandwich on Rye with Salad <b>OR</b> Chicken Caesar Salad with Breadstick</p> <p>Cookies</p>	<p><b>Lunch</b> Minestrone Soup</p> <p>Assorted Sub with Chips <b>OR</b> Beet Salad, Red Onion, Mesculin Mix, Walnuts, Feta, Honey Dijon Dressing &amp; Breadstick</p> <p>Tapioca Pudding</p>
<p><b>Dinner</b></p> <p>Roast Beef with Scalloped Potatoes and Green Beans <b>OR</b> Mushroom Polenta with Beans and Dinner Roll</p> <p>Apple Crisp</p>	<p><b>Dinner</b></p> <p>Korean Style Pork &amp; Rice, Mixed Vegetables <b>OR</b> Squash Gratin with Mixed Vegetables with Garlic Bread</p> <p>Assorted Dessert</p>	<p><b>Dinner</b></p> <p>Coq Au Vin with Mashed Potatoes <b>OR</b> Cabbage Rolls and Mashed Potatoes and Broccoli</p> <p>Bread Pudding</p>	<p><b>Dinner</b></p> <p>Pork Souvlaki Kebab, Greek Salad &amp; Roasted Lemon Potatoes <b>OR</b> Vegetable Moussaka &amp; Greek Salad</p> <p>Lemon Poppyseed Cake</p>	<p><b>Dinner</b></p> <p>Chicken Paprikash, Egg Noodle with Mixed Vegetables <b>OR</b> Ratatouille with Egg Noodle</p> <p>Chocolate Cream Pie</p>	<p><b>Dinner</b></p> <p>Fish &amp; Chips with Coleslaw <b>OR</b> Loaded Sweet Potatoes &amp; Roasted Vegetables</p> <p>Sticky Toffee Pudding</p>	<p><b>Dinner</b></p> <p>Pasta Bolognese with Salad <b>OR</b> Spinach Artichoke Sandwich with Salad</p> <p>Oreo Dream Bar</p>

# 2020 FALL/WINTER MENU: Week 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast with CHICKEN SAUSAGE (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast with BACON (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast with HASHBROWNS (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast (Eggs to Order, Orange Slices and Toast)</p>
<p><b>Lunch</b> Chicken Noodle Soup</p> <p>French Toast with Bacon and Fruit <b>OR</b> Frittata with Salad</p> <p>Assorted Dessert</p>	<p><b>Lunch</b> Roasted Red Pepper Soup</p> <p>Chicken Fingers with Salad <b>OR</b> Antipasto Cold Plate</p> <p>Trifle</p>	<p><b>Lunch</b> Mushroom, Rice and Kale Soup</p> <p>Chef's Salad <b>OR</b> Beef Pot Pie with Side Salad</p> <p>Strawberry Shortcake</p>	<p><b>Lunch</b> Cream of Broccoli</p> <p>Chili and Salad with Dinner Roll <b>OR</b> Tortellini in Cream Sauce and Salad</p> <p>Fruit Salad</p>	<p><b>Lunch</b> Beef Barley</p> <p>Hummus Cold Plate <b>OR</b> Chicken Salad Wrap with Salad</p> <p>Jello</p>	<p><b>Lunch</b> Cauliflower Soup</p> <p>Chicken, Pesto Mayo, Spinach, Provolone Sandwich with Salad <b>OR</b> Pizza with Salad</p> <p>Brownie</p>	<p><b>Lunch</b> Chicken Noodle Soup</p> <p>Biscuits and Gravy with Salad <b>OR</b> Spring Mix with Blueberries, Avocado and Almonds</p> <p>Watermelon</p>
<p><b>Dinner</b> Roast Porchetta with Roasted Potatoes and Mixed Vegetables <b>OR</b> Mushroom Risotto with Mixed Vegetables</p> <p>Pumpkin Pie</p>	<p><b>Dinner</b> Beef Bourguignon with Mashed Potatoes <b>OR</b> Braised Root Vegetables and Cabbage with Mashed Potatoes</p> <p>Banana Pudding</p>	<p><b>Dinner</b> Lemongrass Chicken and Rice with Broccoli <b>OR</b> Stuffed Eggplant with Rice</p> <p>Carrot Cake</p>	<p><b>Dinner</b> Chicken A La King <b>OR</b> Swiss Chard and Leek Gratin with Garlic Bread</p> <p>Rice Pudding</p>	<p><b>Dinner</b> Meatloaf with Mashed Potatoes and Beans <b>OR</b> Roasted Cauliflower, Pomegranate Seeds and Mashed Potatoes</p> <p>Assorted Dessert</p>	<p><b>Dinner</b> Perch and Chips with Coleslaw <b>OR</b> Pork Soft Tacos with Cheese Nachos</p> <p>Banana Cream Pie</p>	<p><b>Dinner</b> Spaghetti and Meatballs with Salad <b>OR</b> Spinach and Cheese Stromboli with Salad</p> <p>Cheesecake</p>

## 2020 FALL/WINTER MENU: Week 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast with BREAKFAST SAUSAGE (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast with CHICKEN SAUSAGE (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast with BACON (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast (Eggs to Order, Orange Slices and Toast)</p>	<p><b>Breakfast</b> Cream of Wheat or Oatmeal</p> <p>Regular Breakfast with HASHBROWNS (Eggs to Order, Orange Slices and Toast)</p>
<p><b>Lunch</b> Tomato Bisque Soup</p> <p>Quiche with Salad <b>OR</b> Eggs in a Bagel with Smoked Salmon on the Side with Fruit</p> <p>Donuts</p>	<p><b>Lunch</b> Sweet Potato Soup</p> <p>Hotdog and Salad <b>OR</b> Ploughman's Plate</p> <p>Fruit Salad</p>	<p><b>Lunch</b> Chicken Lemon Soup</p> <p>Turkey Pot Pie with Salad <b>OR</b> Greek Salad with Breadstick</p> <p>Jello</p>	<p><b>Lunch</b> Stuffed Pepper Soup</p> <p>Gnocchi in Blush Sauce and Salad <b>OR</b> Frank and Beans with Side Salad</p> <p>Assorted Dessert</p>	<p><b>Lunch</b> Squash Soup</p> <p>Roast Beef on Brioche with Caramelized Onions and Cheese Sauce with Chips <b>OR</b> Devilled Eggs Cold Plate</p> <p>Butterscotch Pudding</p>	<p><b>Lunch</b> Split Pea Soup</p> <p>BLT on Texas White Toast with Salad <b>OR</b> Macaroni and Cheese, with Salad</p> <p>Cookies</p>	<p><b>Lunch</b> Lemon Lentil Soup</p> <p>Grilled Cheese and Side Salad <b>OR</b> Nicoise Salad – Green Beans, Hard Boiled Eggs, Tuna, Olives, Tomatoes, Potatoes</p> <p>Coffee Cake</p>
<p><b>Dinner</b></p> <p>Turkey with Cranberry Sauce, Gravy, Green Beans and Mashed Potatoes <b>OR</b> Tuna Casserole with Green Beans</p> <p>Assorted Dessert</p>	<p><b>Dinner</b></p> <p>Beef Stroganoff with Egg Noodles and Mixed Vegetables <b>OR</b> Vietnamese Sandwich with Mixed Vegetables</p> <p>Date Squares</p>	<p><b>Dinner</b></p> <p>Pork Ragu over Mashed Potatoes <b>OR</b> Stuffed Peppers with Salad</p> <p>Bread Pudding</p>	<p><b>Dinner</b></p> <p>Fried Chicken with Corn and Roast Potatoes <b>OR</b> Veggie Stir Fry with Rice</p> <p>Coconut Cream Pie</p>	<p><b>Dinner</b></p> <p>Shepherd's Pie with Three Bean Salad <b>OR</b> Butternut Squash Baked Pasta with Three Beans Salad</p> <p>Berry Crumble</p>	<p><b>Dinner</b></p> <p>Fish and Chips with Coleslaw <b>OR</b> Italian Sausage with Fries and Mixed Vegetables</p> <p>German Chocolate Cake</p>	<p><b>Dinner</b></p> <p>Beef Brisket with Baked Potatoes and Asparagus <b>OR</b> Vegetable Lasagna with Mixed Vegetables</p> <p>Assorted Dessert</p>

# 2020 FALL/WINTER MENU: Week 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b> Cream of Wheat or Oatmeal  Regular Breakfast (Eggs to Order, Orange Slices and Toast)	<b>Breakfast</b> Cream of Wheat or Oatmeal  Regular Breakfast with BREAKFAST SAUSAGE (Eggs to Order, Orange Slices and Toast)	<b>Breakfast</b> Cream of Wheat or Oatmeal  Regular Breakfast (Eggs to Order, Orange Slices and Toast)	<b>Breakfast</b> Cream of Wheat or Oatmeal  Regular Breakfast with CHICKEN SAUSAGE (Eggs to Order, Orange Slices and Toast)	<b>Breakfast</b> Cream of Wheat or Oatmeal  Regular Breakfast (Eggs to Order, Orange Slices and Toast)	<b>Breakfast</b> Cream of Wheat or Oatmeal  Regular Breakfast with BACON (Eggs to Order, Orange Slices and Toast)	<b>Breakfast</b> Cream of Wheat or Oatmeal  Regular Breakfast (Eggs to Order, Orange Slices and Toast)
<b>Lunch</b> Cream of Asparagus  Eggs Benedict with Fruit <b>OR</b> Croque Monsieur with Fruit  Danish	<b>Lunch</b> Corn Chowder  Beef Burger and Fries <b>OR</b> Egg Salad Cold Plate  Fruit Salad	<b>Lunch</b> Chicken Noodle Soup  French Meat Pie (Tourtiere), Salad <b>OR</b> Roasted Squash Salad  Jello	<b>Lunch</b> Tuscan Bean Soup  Pierogies with Sour Cream, Onions and Salad <b>OR</b> Italian Sub and Salad  Chocolate Pudding	<b>Lunch</b> Cream of Vegetable  Pizza and Salad <b>OR</b> Cottage Cheese Cold Plate  Ice Cream and Strawberries	<b>Lunch</b> Tortellini Soup  Pulled Pork Sandwich with Coleslaw on Brioche with Salad <b>OR</b> Veggies Quesadilla with Salad  Cookies	<b>Lunch</b> Pumpkin Soup  Chicken Salad Sandwich on Croissant with Salad <b>OR</b> Antipasto Salad with Breadstick  Assorted Dessert
<b>Dinner</b> Ribs with Potato Salad and Corn <b>OR</b> Greens and Beans Sandwich with Potato Salad  Peach Pie	<b>Dinner</b> Roasted Pork with Apple Chutney, Mashed Potatoes and Mixed Vegetables <b>OR</b> Cauliflower Gratin with Mashed Potatoes  Peanut Butter Jelly Bars	<b>Dinner</b> Chicken Cacciatore with Penne <b>OR</b> Roasted Squash with Quinoa and Mushrooms  Mousse Cake	<b>Dinner</b> Pork Teriyaki with Rice and Broccoli <b>OR</b> Vegetarian Meatballs with Honey Glaze, Rice and Broccoli  Assorted Dessert	<b>Dinner</b> Citrus Roast Chicken with Green Beans and Pasta Salad <b>OR</b> Kale and Mushroom Strata  Rice Pudding	<b>Dinner</b> Perch with Chips and Coleslaw <b>OR</b> Pea and Mushroom Risotto with Mixed Vegetables  Sorbet	<b>Dinner</b> Chicken and Dumplings with Beet Salad <b>OR</b> Penne Primavera with Beet Salad  Pineapple Upside Down Cake